

PERSONAL DATA

NAME: Maria Eliza Ruiz Aguila

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**EDUCATION**

Year	Conferring Institution	Qualifications	Field / Particulars
2017	The University of Sydney	Doctor of Philosophy	Health Sciences
2001	The University of Melbourne	Master of Physiotherapy	Paediatric Physiotherapy
1994	University of the Philippines	B.S. Physical Therapy	
1991	University of the Philippines	B.S. Biology	

RECORD OF SERVICE TO THE UNIVERSITY

Current position: Professor 3, College of Allied Medical Professions (CAMP) (original appointment on 1 June 1994, with no break in service)

LEADERSHIP AND ADMINISTRATIVE POSITIONS IN THE UNIVERSITY AND COMMUNITY

UNIVERSITY

- Dean, UP CAMP (May 2018–present)
- Graduate Programs Committee Chair, UP CAMP (August 2017–present); Graduate Programs Coordinator, UP CAMP (June–October 2009)
- Director, UPM Interactive Learning Center (November 2009–March 2013)
- Assistant to the Chancellor for Special Academic Projects (June 2009–October 2011)
- College Secretary, UP CAMP (2002–2009)
- Department Chairperson, Department of Physical Therapy, UP CAMP (1995–2000)

OTHER GOVERNMENT / NON-GOVERNMENT ORGANIZATIONS

- Alternate of the second member, Continuing Professional Development Council of Physical Therapy of the Professional Regulation Commission (2019–present)
- Vice President; Philippine Association of Rehabilitation Science Schools (2018–present)
- Regional Clinical Advisor for FUNfitness, Healthy Athletes Program, Special Olympics Asia-Pacific (2011–present)
- Clinical Director for FUNfitness, Healthy Athletes Program, Special Olympics Philippines (2006–present)
- Director, Board of Directors, Philippine Physical Therapy Association (2006–2010)
- Chairperson, Commission on Higher Education Technical Panel for Health Professions Education (2007)
- Chairperson, Commission on Higher Education Task Force on International Benchmarking of Physical Therapy Education (2007)
- Chairperson, Commission on Higher Education Technical Committee for Physical Therapy / Occupational Therapy Education (2005–2007)
- Member, Board of Directors, Philippine Physical Therapy Association (2002–2004)
- Chairperson, Asian Confederation for Physical Therapy (2001–2002)
- President, Philippine Physical Therapy Association (1998–2000)
- Assistant Secretary, Council of Professional Health Associations (2000)
- Member of national and international professional organizations, namely Philippine Physical Therapy Association and International Association for the Study of Pain

PUBLICATIONS

1. Mendoza, K, **Aguila, MER**, Alfonso, FCS, Alfonso, MGT, Elmi, KD, & Gorgon, EJR. Comparison of two circuit class therapy programs on walking capacity, gait velocity and stair ambulation among patients with chronic stroke: A parallel pretest-posttest pilot study. *Acta Medica Philippina*, (online first, December 10, 2020)
2. Peek AL, Rebbeck T, Puts NA, Watson J, **Aguila MER**, Leaver A M. Brain GABA and glutamate levels across pain conditions: A systematic literature review and meta-analysis of 1H-MRS studies using the MRS-Q quality assessment tool. *NeuroImage*, 2020; 210:116532. doi: 10.1016/j.neuroimage.2020.116532
3. **Aguila ME**, Rebbeck T, Pope A, Ng K, Leaver AM. Six-month clinical course and factors associated with non-improvement in migraine and non-migraine headaches. *Cephalalgia*. 2018; 38:1672–86. doi: 10.1177/0333102417744360
4. **Aguila ME**, Rebbeck T, Mendoza KG, De La Peña MG, Leaver AM. Definitions and participant characteristics of frequent recurrent headache types in clinical trials: A systematic review. *Cephalalgia*. 2017; 38:786–93. doi.org/10.1177/0333102417706974
5. **Aguila ME**, Rebbeck T, Leaver AM, Lagopoulos J, Brennan PC, Hübscher M, Refshauge KM. The association between clinical characteristics of migraine and brain GABA levels: An exploratory study. *J Pain*. 2016; 17:1058–67. doi:10.1016/j.jpain.2016.06.008
6. **Aguila ME**, Lagopoulos J, Leaver AM, Rebbeck T, Hübscher M, Brennan PC, Refshauge KM. Elevated levels of GABA+ in migraine detected using 1H-MRS. *NMR Biomed*. 2015; 28:890–7. doi: 10.1002/nbm.3321
7. Trott, CA, **Aguila, MER**, Leaver, AM. The clinical significance of immediate symptom responses to manual therapy treatment for neck pain: Observational secondary data analysis of a randomized trial. *Man Ther*. 2014; 19:549–54. doi: 10.1016/j.math.2014.05.011
8. **Aguila ME**, Leaver A, Rebbeck T, Lagopoulos J, Brennan P, Hübscher M, Refshauge K. Clinical characteristics associated with perceived disability and GABA level in adults with migraine: Insights for physiotherapy assessment [abstract]. *Physiotherapy*. (Special Issue for World Confederation for Physical Therapy Congress 2015) 2015; 101:e37–8.
9. **Aguila MER**, Alibangbang DN, Cacatian VGR, Escuadro JCM, Guinto SR, Jaspe JM, Limlengco BAN, Marco LA, Perez CDA. Factors associated with the level of physical activity of university students [Abstract]. *Hong Kong Physiotherapy Journal*. 2013; 31:50. <http://dx.doi.org/10.1016/j.hkpi.2013.01.022>.
10. Lozano-Kühne JP, **Aguila MER**, Manalang GF Jr., Chua RB, Gabud RS, Mendoza ER. Shift work research in the Philippines: Current state and future directions. *Philippine Science Letters*. 2012; 5:17–29.
11. Mendoza E., **Aguila MER**. Social jet lag, shift work and senior citizens: New insights into the human circadian system. *Trans. Nat. Acad. Sci. Tech. Philippines*. 2009; 31:254–273.

PUBLIC SERVICE

- Organizer of fitness screening events, trainer of volunteers and clinical directors, and provider of physical therapy services in the fitness screening and education of athletes of Special Olympics International, Special Olympics International Asia-Pacific, and Special Olympics Philippines under the FUNfitness, Healthy Athletes Program (2006–present)
- Resource person and facilitator of various continuing professional development activities and training events for the public
- Lead or contributor in the formulation and review of policies related to education, professional standards and regulations, health care and disability
- Volunteer physical therapist for youth with disabilities for non-government organizations and advocacy groups like the Down Syndrome Association of the Philippines, Inc., Persons with Disabilities Corporation (PERDISCO), and by the Pediatric Special Interest Group of the Philippine Physical Therapy Association (1994–present)
- Clinical volunteer for fitness screening and education (under the FUNfitness, Healthy Athletes Program) for athletes during the 2013 Special Olympics World Winter Games (2013)
- Organizer of community health services for employees of the Commission on Higher Education (2007)

SELECTED TEACHING INNOVATIONS

- Principal proponent of the Master of Physical Therapy program, approved in 2010
- Principal proponent of the revised Bachelor of Science in Physical Therapy program, approved in 1999
- Principal proponent of teaching innovations, such as, but not limited to the following:
 - Development of toolkit of how-to guides for faculty and students to train and support them on using Canvas learning management system
 - Using discussion boards to engage students, foster interaction, and teach collaborative learning among students of RS 299 Research methods in rehabilitation science while they are in a fully remote learning environment
 - Using information technology to enhance student engagement; examples are TurningPoint™ Response System technology for collecting and analyzing student responses during interactive lectures, University Virtual Learning Environment (UVLê) as a learning management system for courses, Calibrated Peer Review™, Facebook® as a venue for discussion, communication, information dissemination, interactive white board
 - Use of UCSF LEaP (Learning from your Experiences as a Professional) as a tool for critical reflection for graduate students
 - Development and use of case stories and simulated patient exercises for learning activities in various undergraduate and graduate courses

SELECTED AWARDS AND DISTINCTIONS FOR TEACHING, RESEARCH AND PUBLIC SERVICE

2019–2021	One UP Professorial Chair Award in Physical Therapy for Outstanding Teaching and Public Service in UP Manila
2018	CAMP Award for Outstanding Faculty Researcher (Advanced Category) by the University of the Philippines College of Allied Medical Professions
2012, 2015, 2016, 2107, 2018, 2020	International Publication Awards , for publishing in ISI-indexed journals, conferred by the University of the Philippines
2014	Faculty of Health Sciences Dean's Research Scholar Award for winning the Three Minute Thesis Competition on 26 June 2014
2012	CAMP Big 50 Award , an award bestowed on 50 alumni who have distinguished themselves and brought honor to the College through significant contributions that made an impact to the College and its stakeholders, conferred by UP College of Allied Medical Professions
2011	Gawad Chancellor Outstanding Teacher , conferred by the University of the Philippines Manila
2010	2010 Gawad Inoturan Natatanging Simulain sa Physical Therapy in recognition for FUNfitness as an initiative that could improve PT practice in the Philippines and improve delivery of PT services to persons with special needs, conferred by the . Philippine Physical Therapy Association
2008	Outstanding Faculty in Extension Award in recognition of excellent performance in community service utilizing one's expertise and talents outside teaching and research responsibilities.
2004	Professional Awardee in Allied Medical Professions in recognition of exemplary contribution in rehabilitation science through education, administration, research and advocacy, conferred by the UP Manila Alumni Association
2004	Excellence Award for Classroom Education , conferred by the Philippine Physical Therapy Association
2003	Outstanding Physical Therapy Faculty Award , conferred by UP College of Allied Medical Professions
2002	Outstanding Professional in the Field of Physical Therapy , conferred by the Professional Regulation Commission